



## WELCOME!

IBDP Category 2 Workshops

*Administrators | History | Psychology*

11 – 13 January 2018 | Zaandam, the Netherlands

### Programme

#### Thursday 11 January

Please pick up your badge between **8:30 – 8:45** at the reception of the conference center at Inntel Amsterdam-Zaandam (upstairs). There will be coffee and tea waiting for you. We will kick off with a word of welcome at 8:45. The workshop programme starts at 9:00 and ends at 16:45.

#### Welcome drink

We would like to invite you for a welcome drink at the bar of hotel Inntel Amsterdam-Zaandam right after the first day of the workshop between **17:00 – 18:00**.

#### Friday 12 January

The second day of the workshop will start at 9:00 and finish at 16:45.

#### City walk

Brad Philpot will be giving a walking tour of Amsterdam, titled: 'Amsterdam, the most liberal city of the world'. We will depart at 17:30 from the lobby of the Inntel Hotel and take the train to Amsterdam. The tour will take you through the Red Light District, along the Old Church and the Nieuwmarkt. It will end around 19:00 on the Dam Square, which is about 500 metres from the Central Station and close to many restaurants.

We will have a sign up sheet available during the coffee break on the first day of the workshop. **Please note:** The size of the walking-tour group is limited to 22.

#### Saturday 13 January

The last day of the workshop starts at 9:00 and finishes at 12:30. Please note that lunch is *not* included today.

## Transportation

### Schiphol Airport – Zaandam

The train departs twice an hour from Schiphol Airport directly to Zaandam station. It takes you 18 minutes to get to the hotel, which is located right next door to the station. A one-way ticket costs €4.50 and can be purchased from the machine or ticket window at Schiphol Plaza. More information: <http://www.ns.nl/en/travellers/home>

## What to do in the area?

### Zaandam

#### Restaurants

Zaandam's main square is the Dam which has a good choice of restaurants and bars: sushi (Tokyoto), tapas (Erosa) and others: Manzo's, Aan tafel, Wonder's, Boekanier. The best coffee can be found at the Koffiezaak (opposite the hotel).

#### Entertainment

Cinema Pathé Zaandam (6 screens) is located next to the hotel. Movies are screened in their original language with Dutch subtitles: <https://www.pathe.nl/bioscoop/zaandam>. Zaandam also has an art house cinema, de Fabriek, on the river bank of the Zaan: <http://www.de-fabriek.nl/>. Zaantheater (behind Dam square) usually has a good line-up of concerts and performances (mainly Dutch): [www.zaantheater.nl](http://www.zaantheater.nl).

#### Shopping hours

Most shops in Zaandam close 18:00 on weekdays and 17:00 on Saturdays. However on Thursdays most shops remain open until 21:00. Supermarket Albert Heijn (opposite the hotel) is open until 21:00 daily.

### Zaanse Schans (windmills & cheese)

*Trains run 4x per hour between Zaandam and Zaandijk - Zaanse Schans (6 minutes - €4.60 round trip). From the station it's a 10 minute walk.*

**Zaanse Schans** – If you can find the time you should pay a visit to the Zaanse Schans (free open air museum), a unique part of the Netherlands with wooden houses, windmills, barns and workshops on the Zaan river bank. There is a cheese farm, clog maker, liquor distiller etc. Most buildings close at 17:00, but as the Zaanse Schans is a residential area you can always stroll around and admire the houses and mills from the outside.

<https://www.dezaanseschans.nl/en/>

There is a good restaurant at the Zaanse Schans called *Hoop op de swarte walvis*. On the other side of the river in Zaandijk, you will find *Restaurant de Smuiger* and a *Kathmandu Kitchen*. Don't miss the craft brewery *Hoop* in Zaandijk which also serves simple tasty dishes.

### Amsterdam

*Trains run 8x per hour between Zaandam and Amsterdam (12 minutes - €5.40 round trip)*

**Amsterdam** is considered one of the most beautiful cities in the world and has a number of great museums. Most of them close at 18:00, but some have night openings. Stedelijk

museum (contemporary art) is open until 22:00 on Thursdays, Van Gogh museum until 22:00 on Fridays, Rijksmuseum until 20:30 on Fridays, Anne Frank House until 21:00 on Thursday and 19:00 on Friday.

Check out <http://www.iamsterdam.com> for Amsterdam's official cultural agenda, city highlights and more great tips.

## Emergency

In case of emergency call or send a text message to Linda at +31619476184 or [linda@philpoteducation.com](mailto:linda@philpoteducation.com). The general emergency number in the Netherlands is 112.

Have a great workshop!

